



## Jenny Barker

Family dog mediator and behaviour consultant

### What does a session look like?

Sessions utilise the Family Dog Mediation - L.E.G.S model of behaviour which enables us to take a more dog-centred, and empathetic approach to helping your dog and working to resolve any issues by exploring the dog's specific **L**earning history, **E**nvironment, **G**enetics and individual **S**elf.

We begin by having a chat about the problems you are experiencing, and I take a history of your dog such as any medical issues, how long the issue has been going on, their daily routine etc.

Once I've established an idea of their history and day-to-day life, we can explore the best ways to move forward. Most often this will include introducing some new management strategies, and training protocols and changing some of your own habits too.

I aim to keep the sessions laid back and informal, allowing time for you to ask any questions that you may have. Where possible I will walk and talk you through any practical training, such as teaching any canine body language, training, or lead-handling skills that you need.

I try to ensure I explain WHY I suggest what I do, as it is important to me that we know HOW and WHY something works. It's not just the observable and 'inconvenient' behaviours we are working to reduce, it's the underlying emotional experience that your dog is having that is important. The use of punishment or pain/fear-inducing 'tools' will not be tolerated during our work together. If you have been relying on equipment up until now, then I will happily guide you through the removal of it during our first session.

Most sessions will last 1 hour, though on occasion these may run a little over especially at first meets. All meet locations will vary depending on the individual's needs and the issues we are working on. Some sessions will be home visits, some sessions will be at a mutually agreed upon outdoor location.

All sessions include follow-up support via WhatsApp, Facebook or email.

### Contact Info

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